

Dynamics of Abusive Systems

Available Roles in Abusive Systems

Victim

Abuser

Available Roles in Abusive Systems

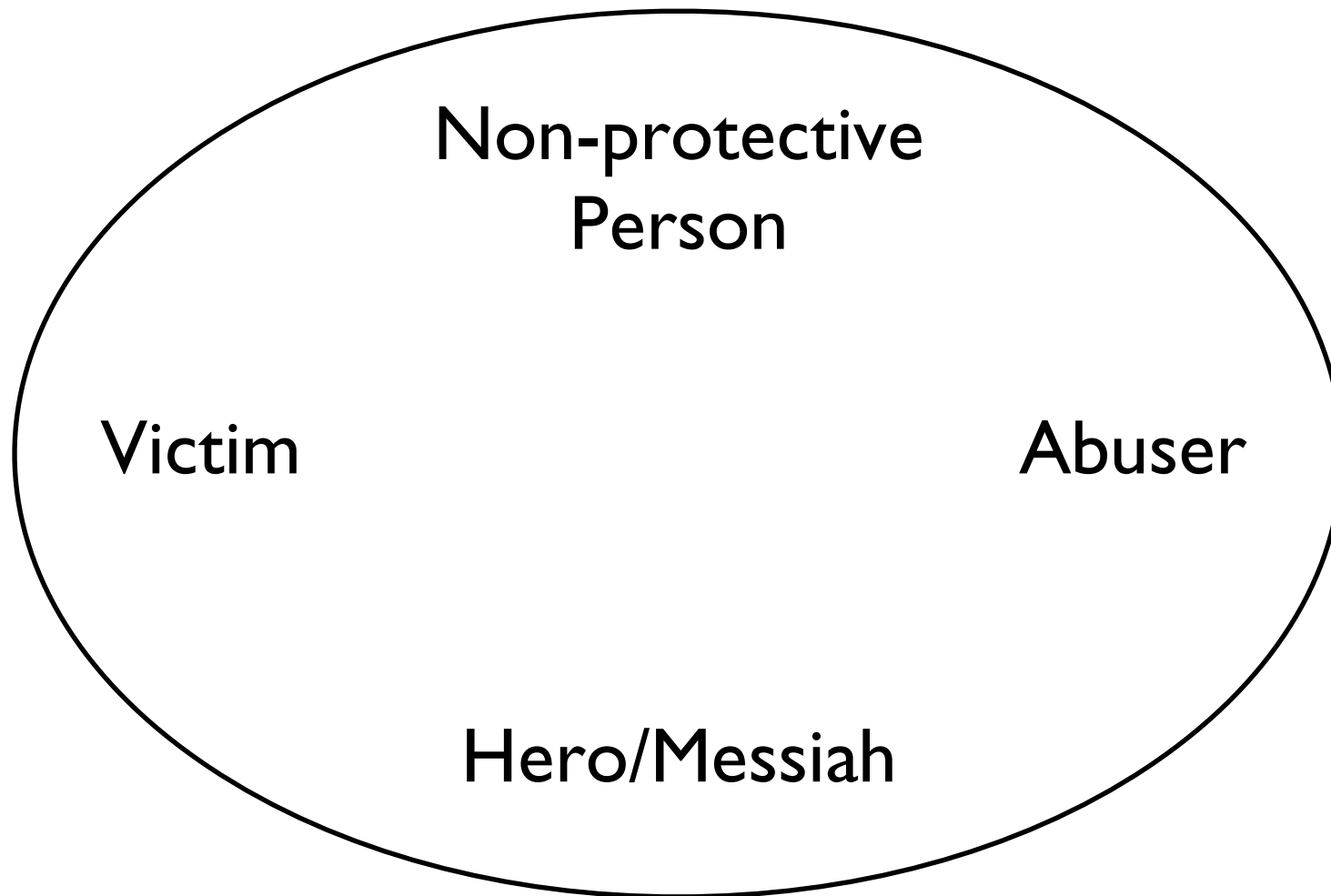
Non-protective
Person

Victim

Abuser

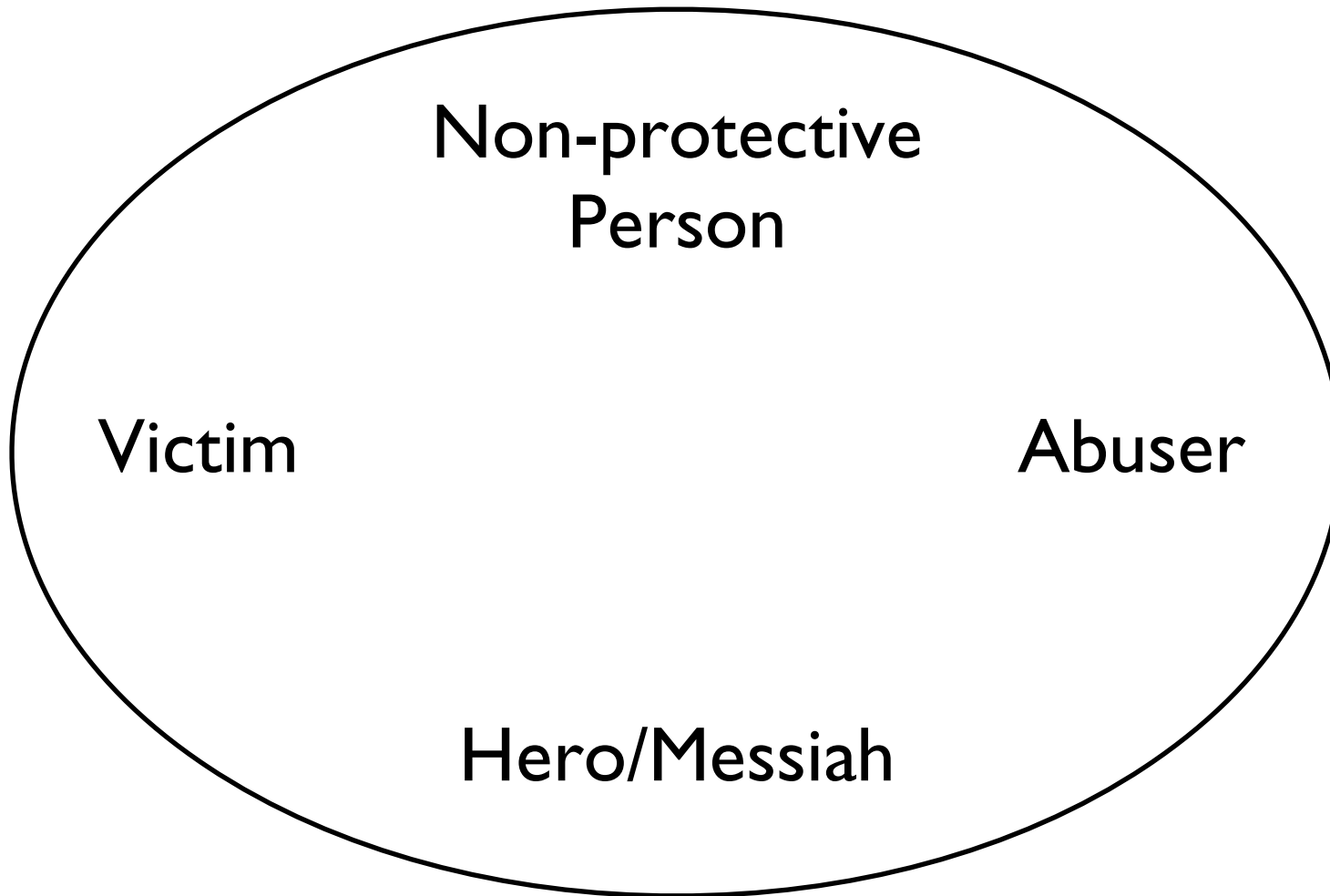
Hero/Messiah

Available Roles in Abusive Systems



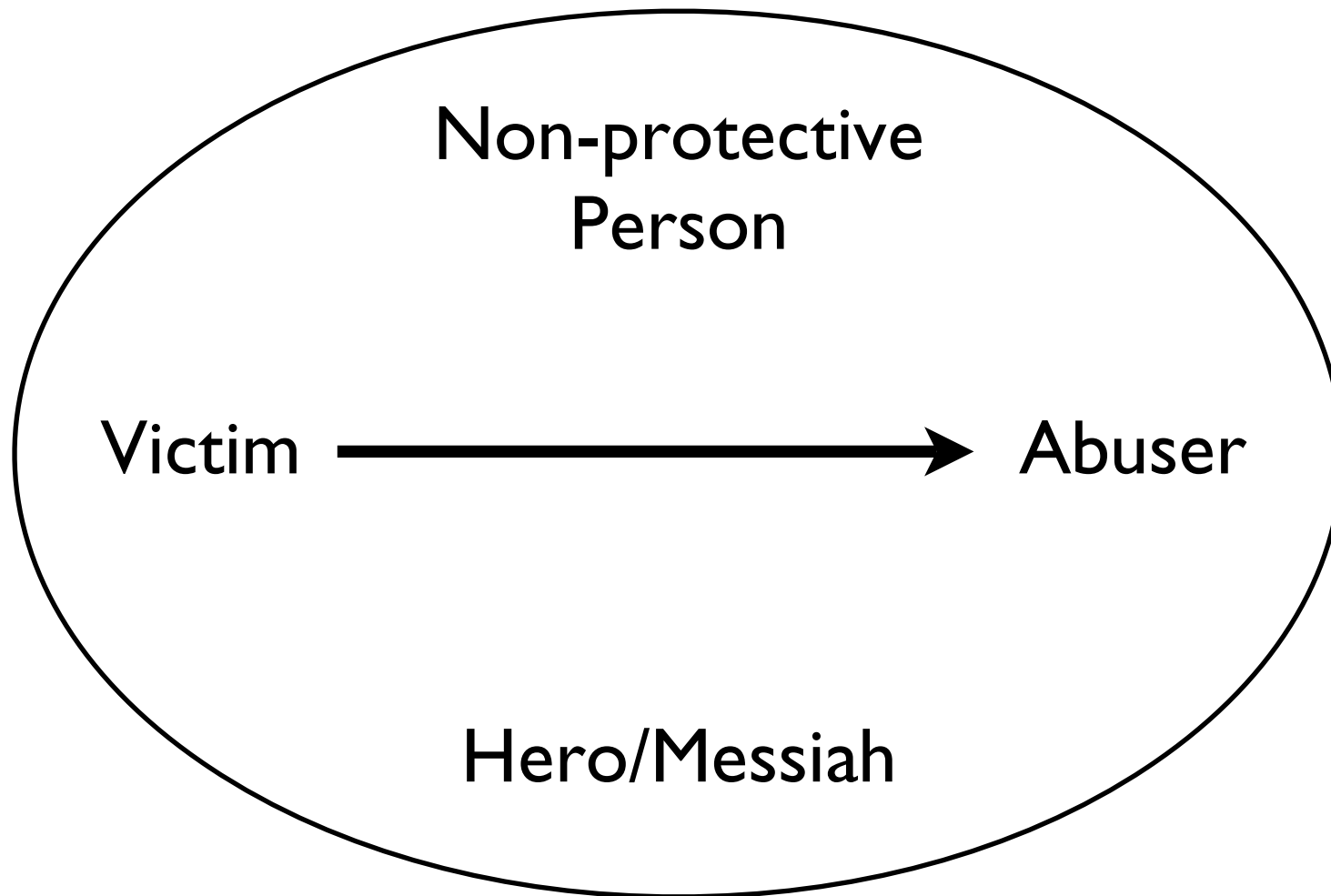
It's A System:
You don't have to be an abuser to be in the abuser role. The system can exist in the absence of abuse.

Available Roles in Abusive Systems



Its A System:
There are no good choices:
being vulnerable?
being bad?
being uncaring?
or
being clueless?

Available Roles in Abusive Systems



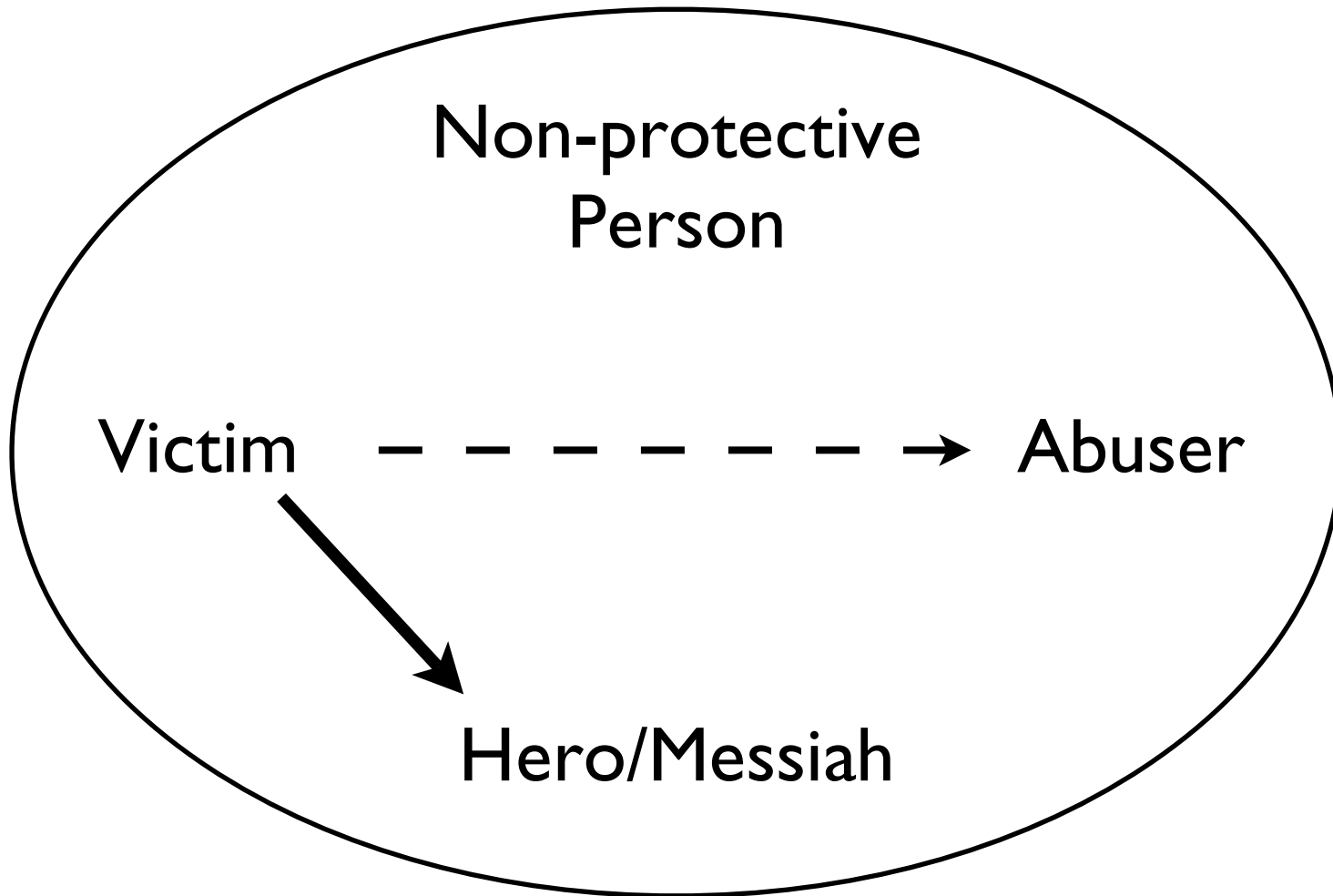
Its A System:

You can change roles.

Example:

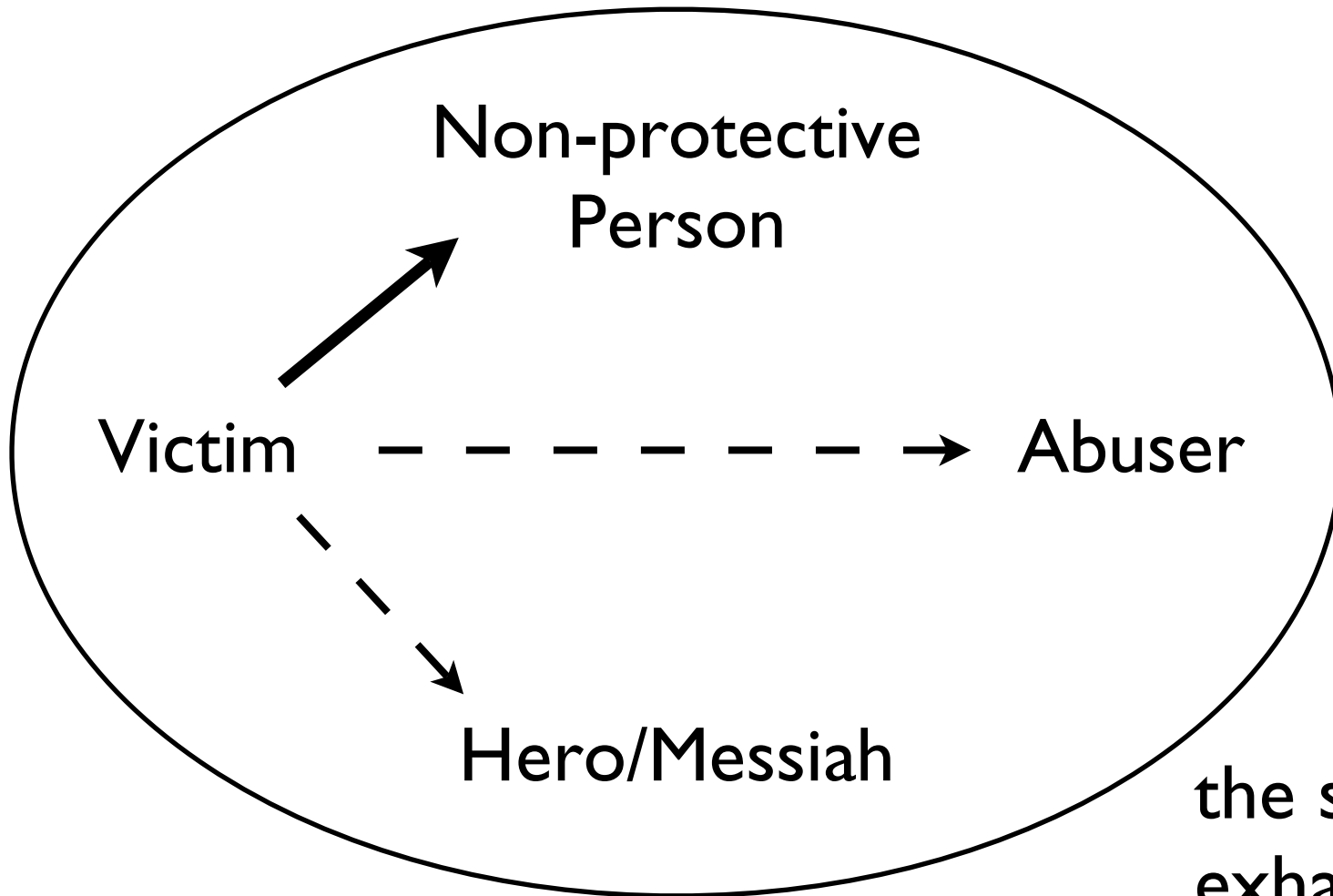
'hurt people hurt people' --
the search for
a more powerful
role

Available Roles in Abusive Systems



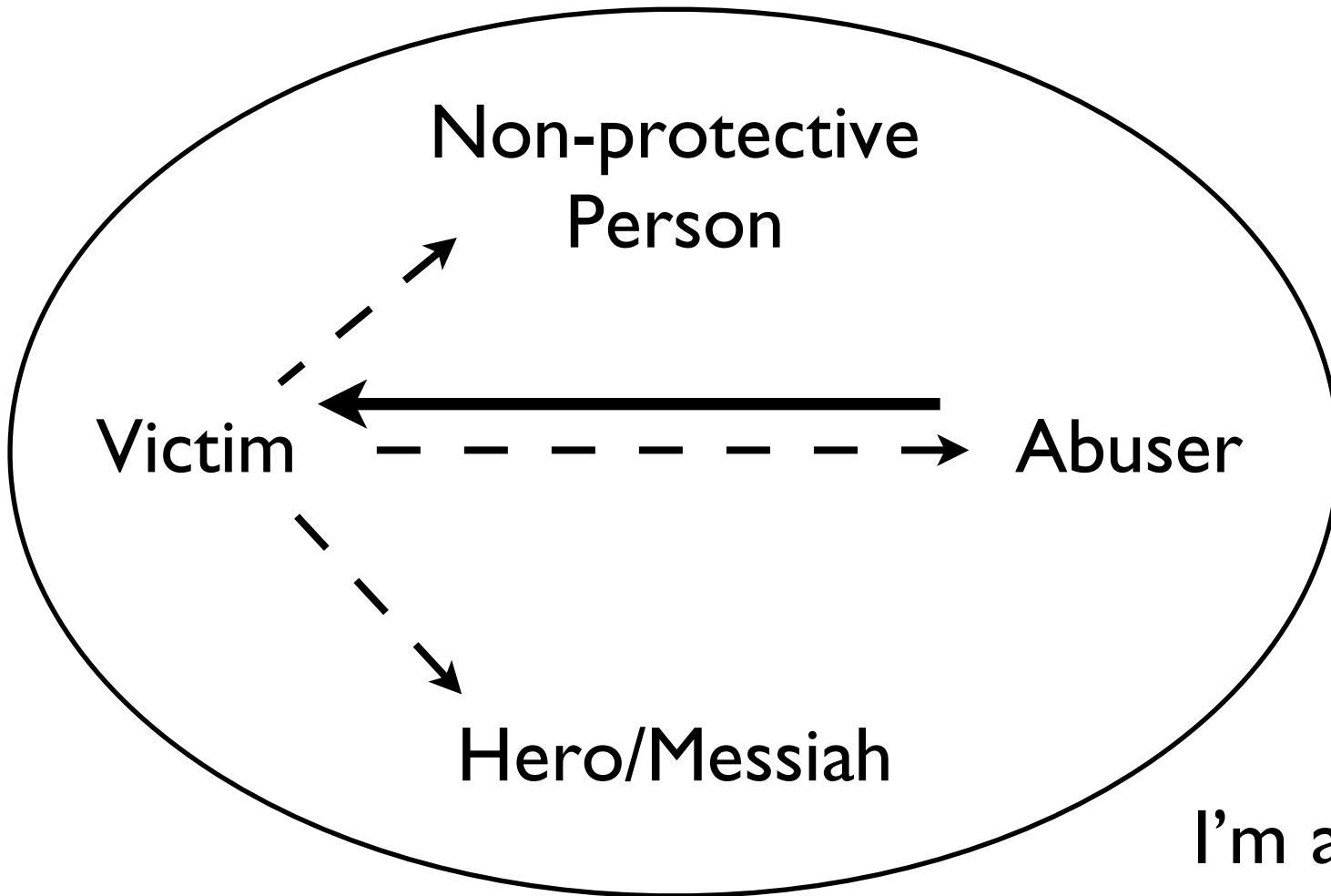
the search for a more meaningful role

Available Roles in Abusive Systems



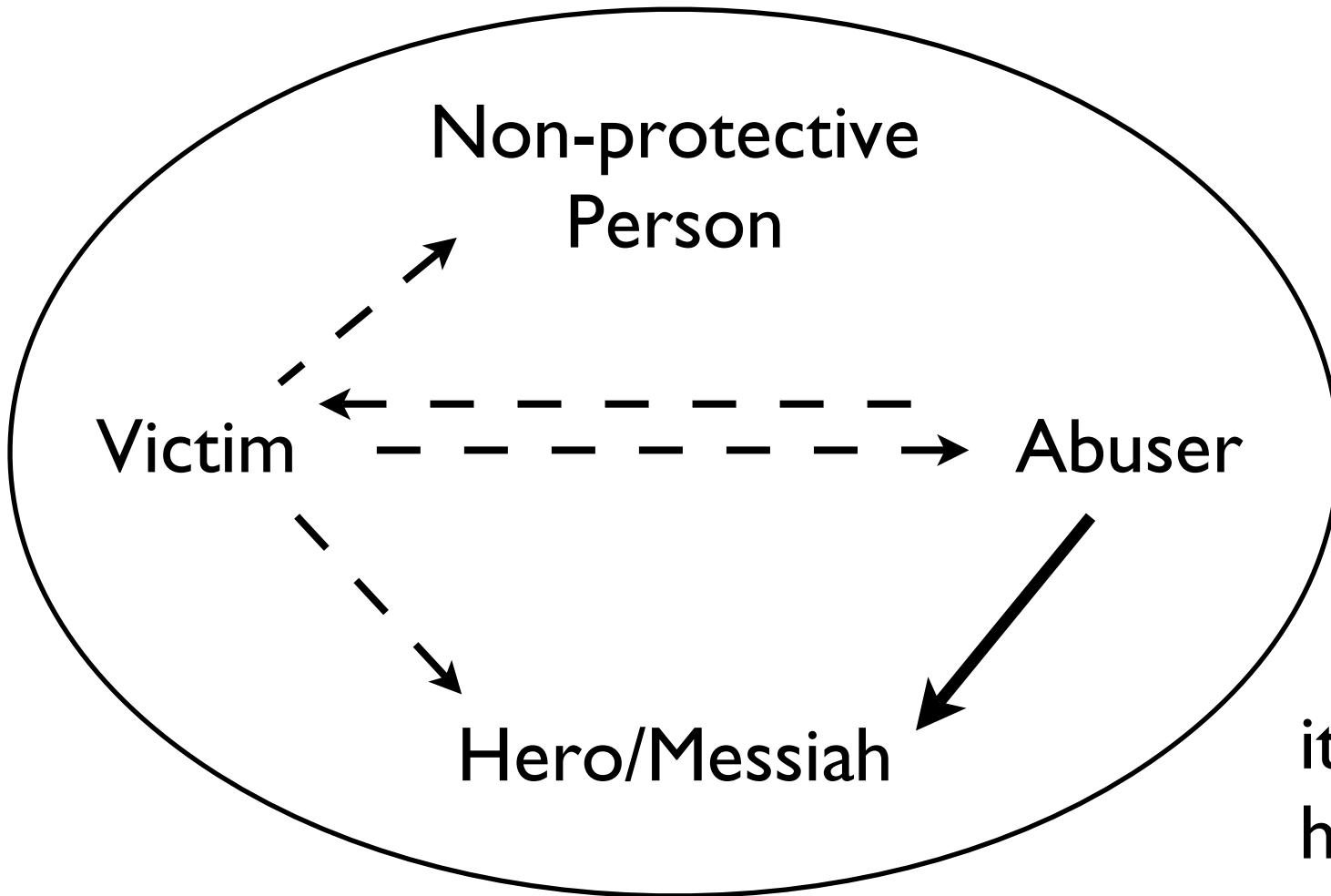
the search for a less exhausting role

Available Roles in Abusive Systems



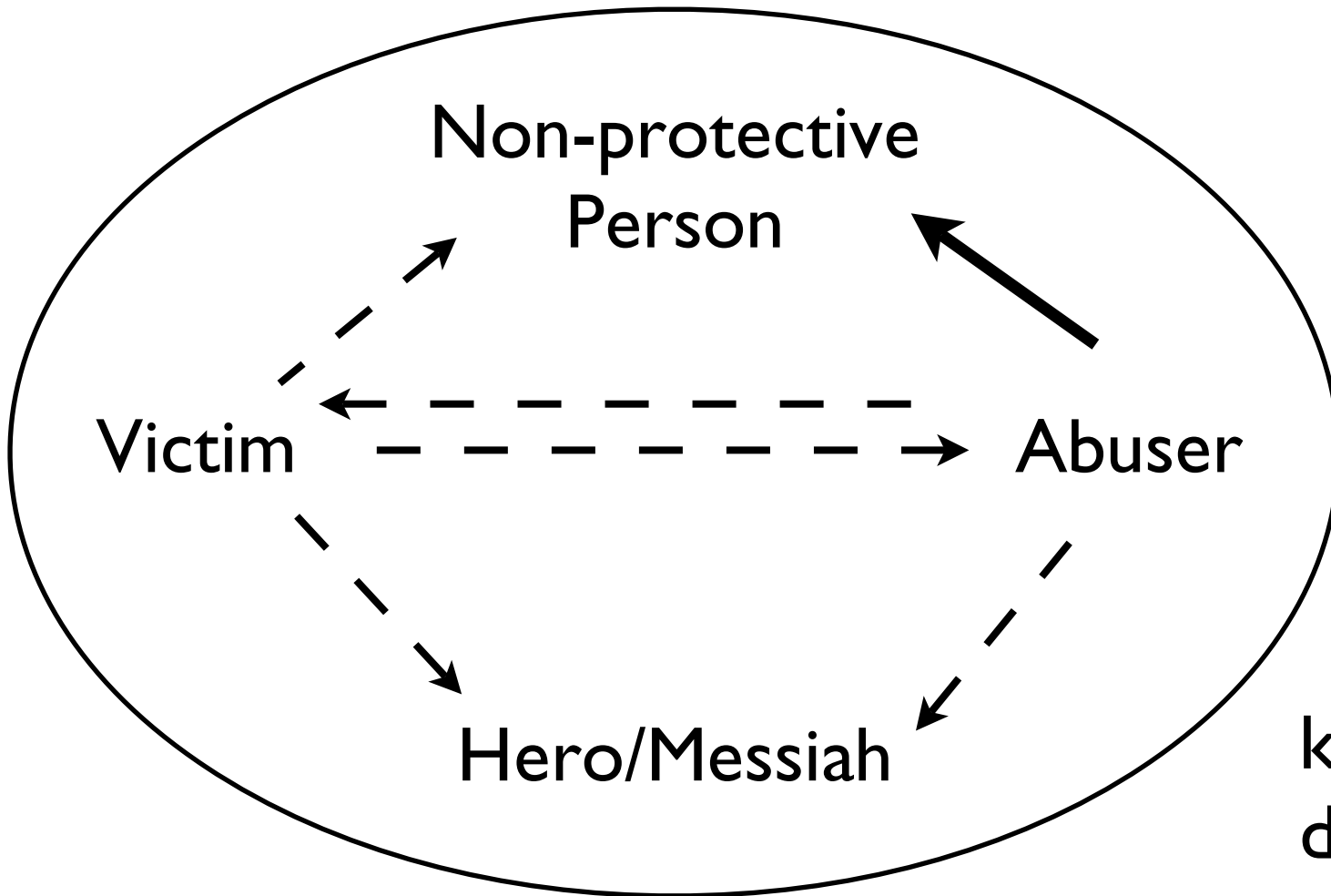
I'm a victim too

Available Roles in Abusive Systems



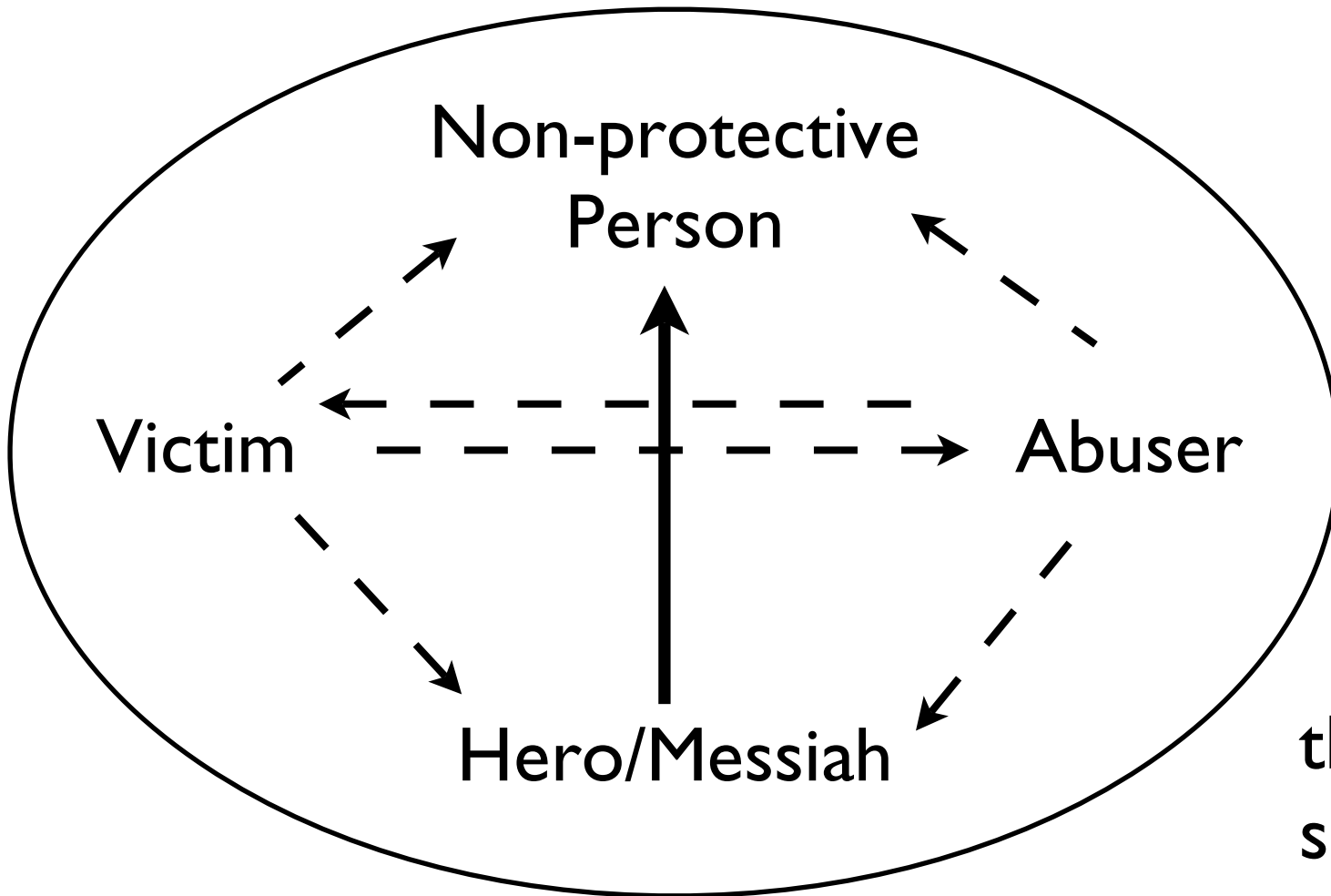
it will never
happen again

Available Roles in Abusive Systems



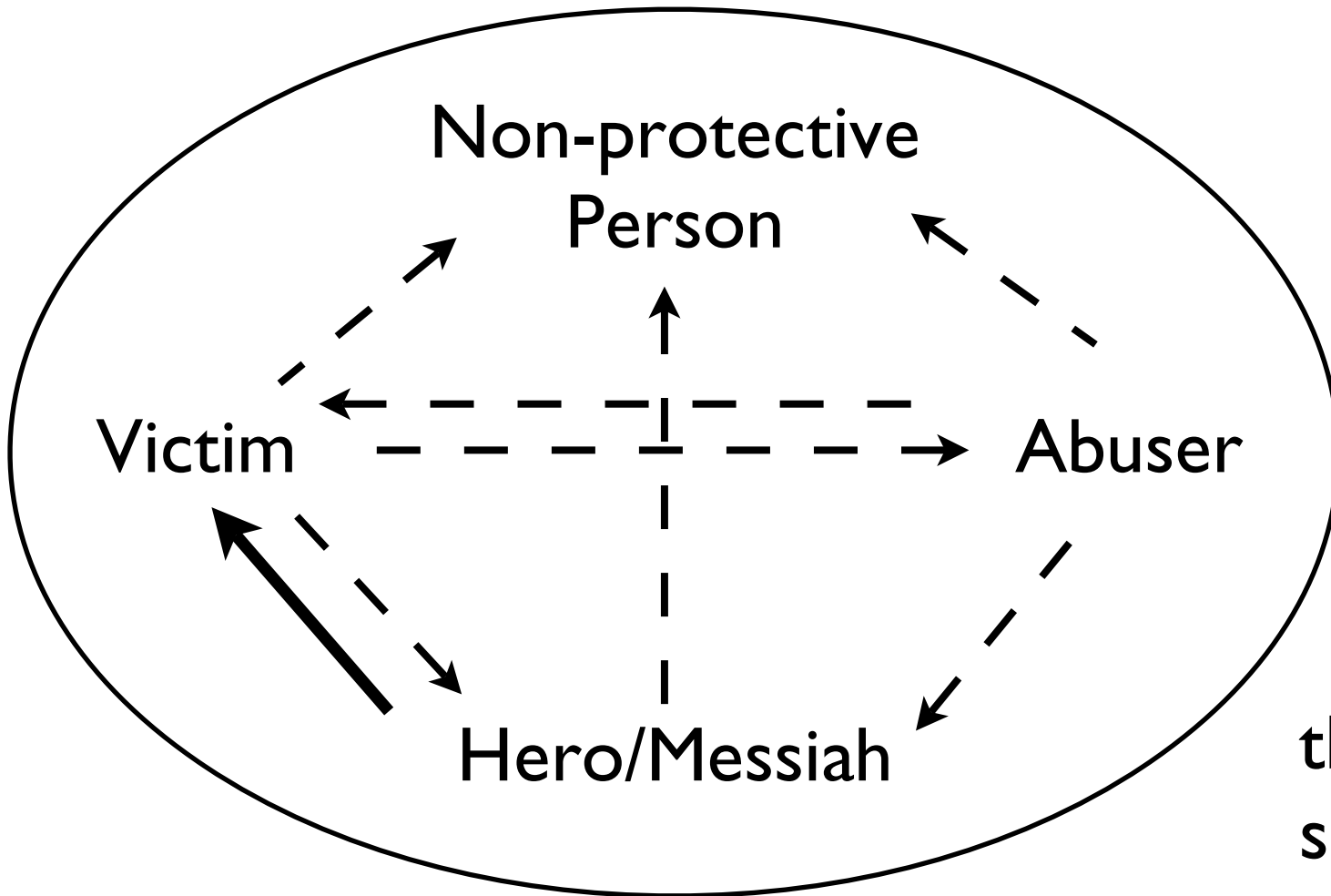
keeping a safe distance

Available Roles in Abusive Systems



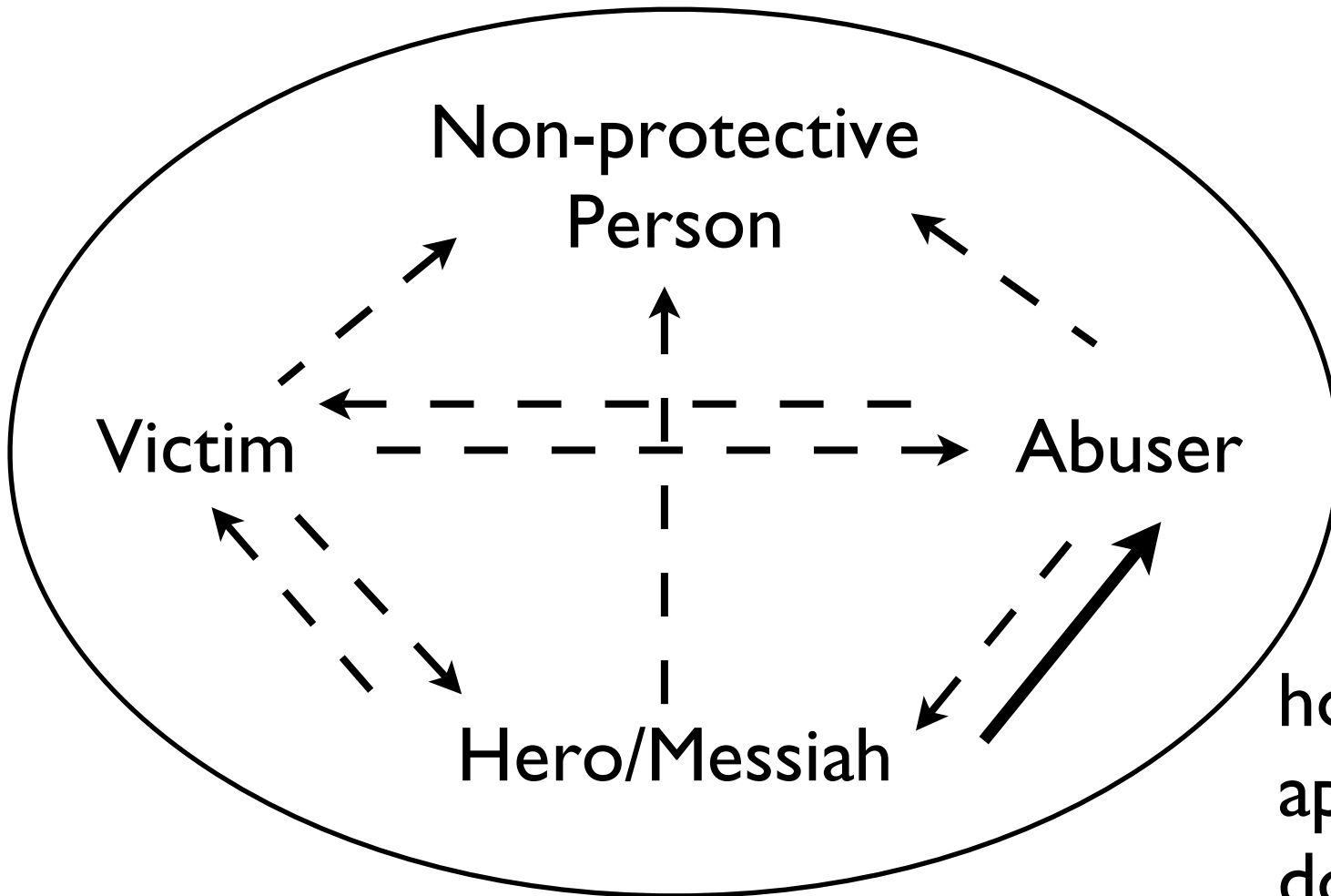
the burnt out
social worker

Available Roles in Abusive Systems



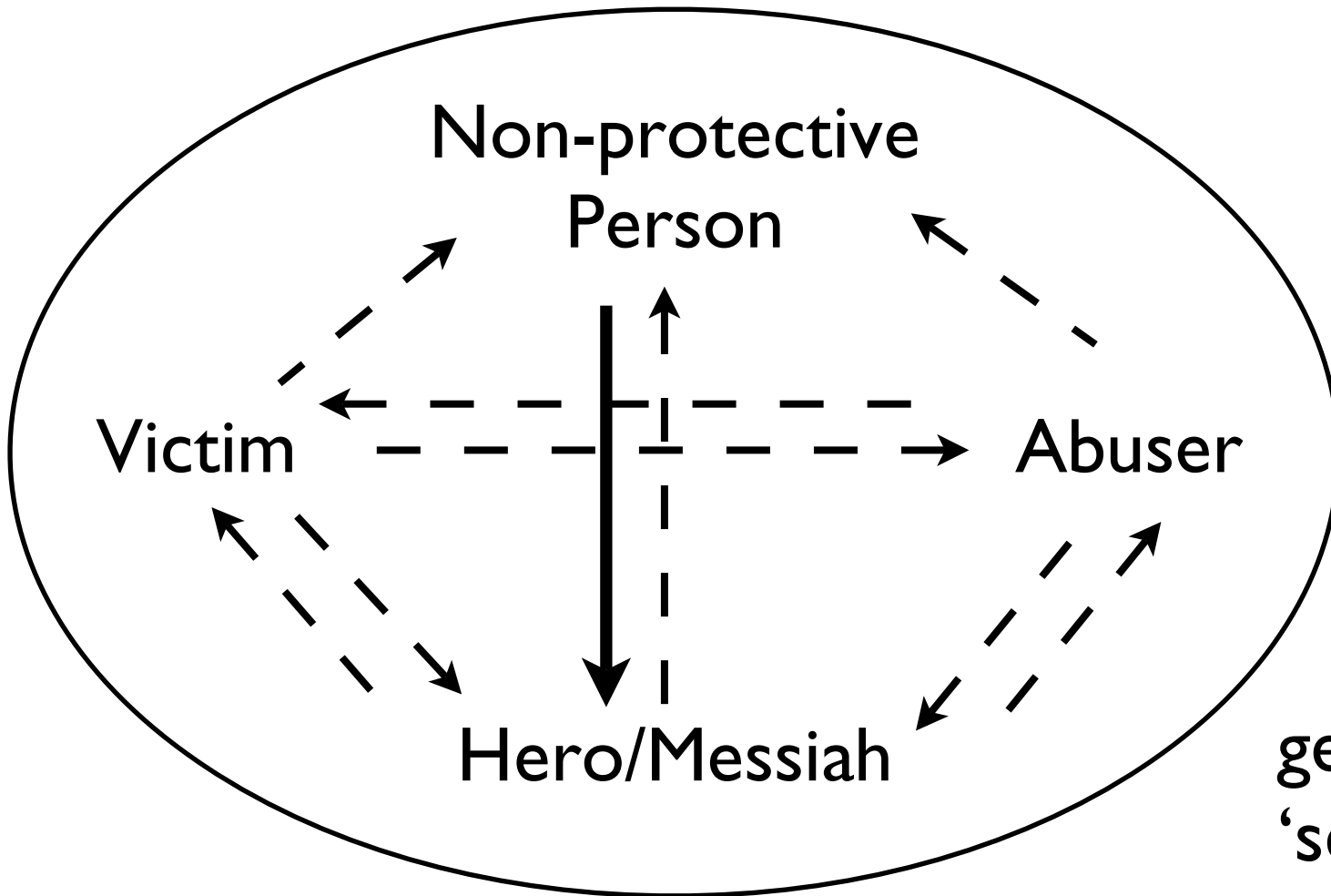
the suffering servant

Available Roles in Abusive Systems



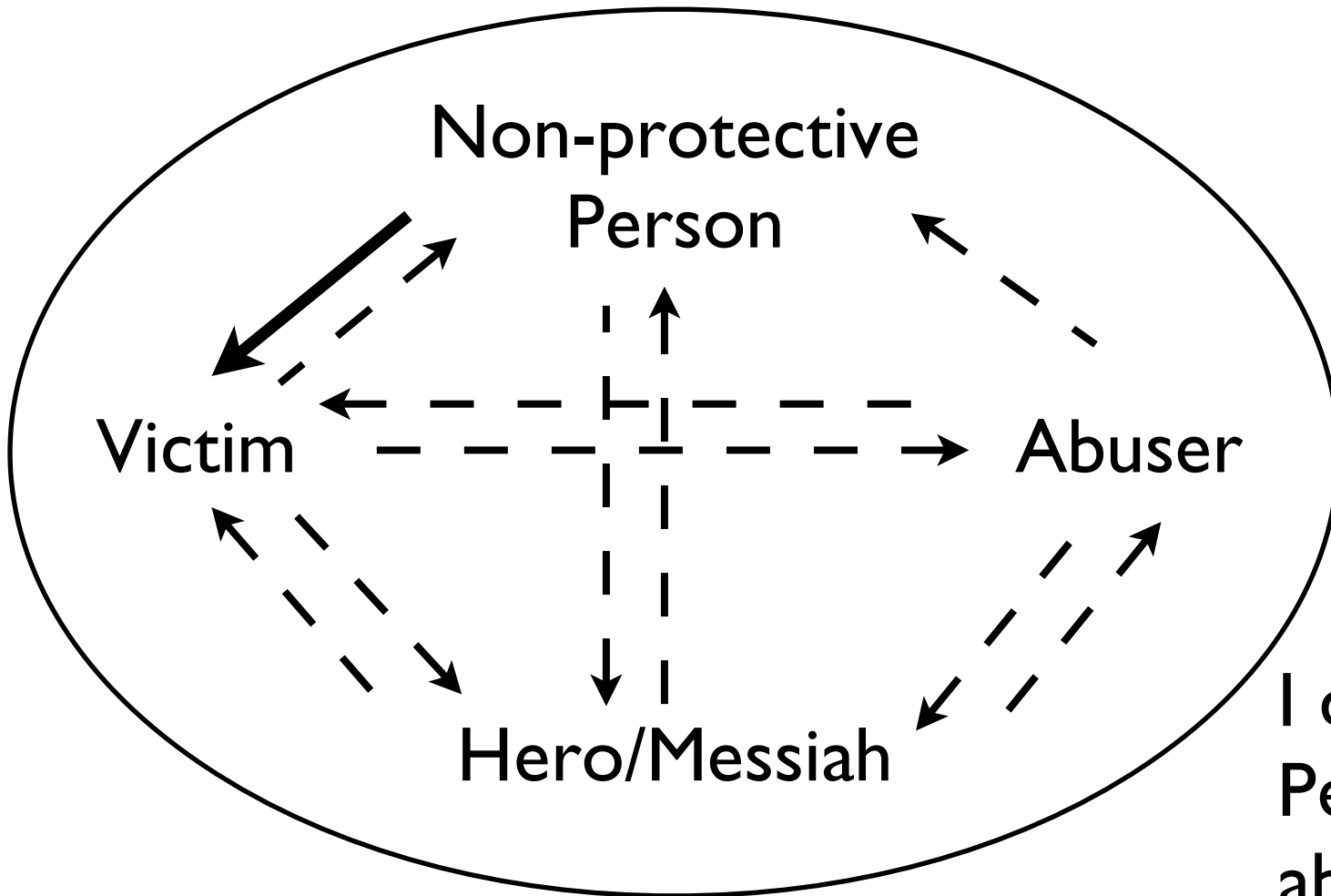
how dare you not appreciate all I have done for you!

Available Roles in Abusive Systems



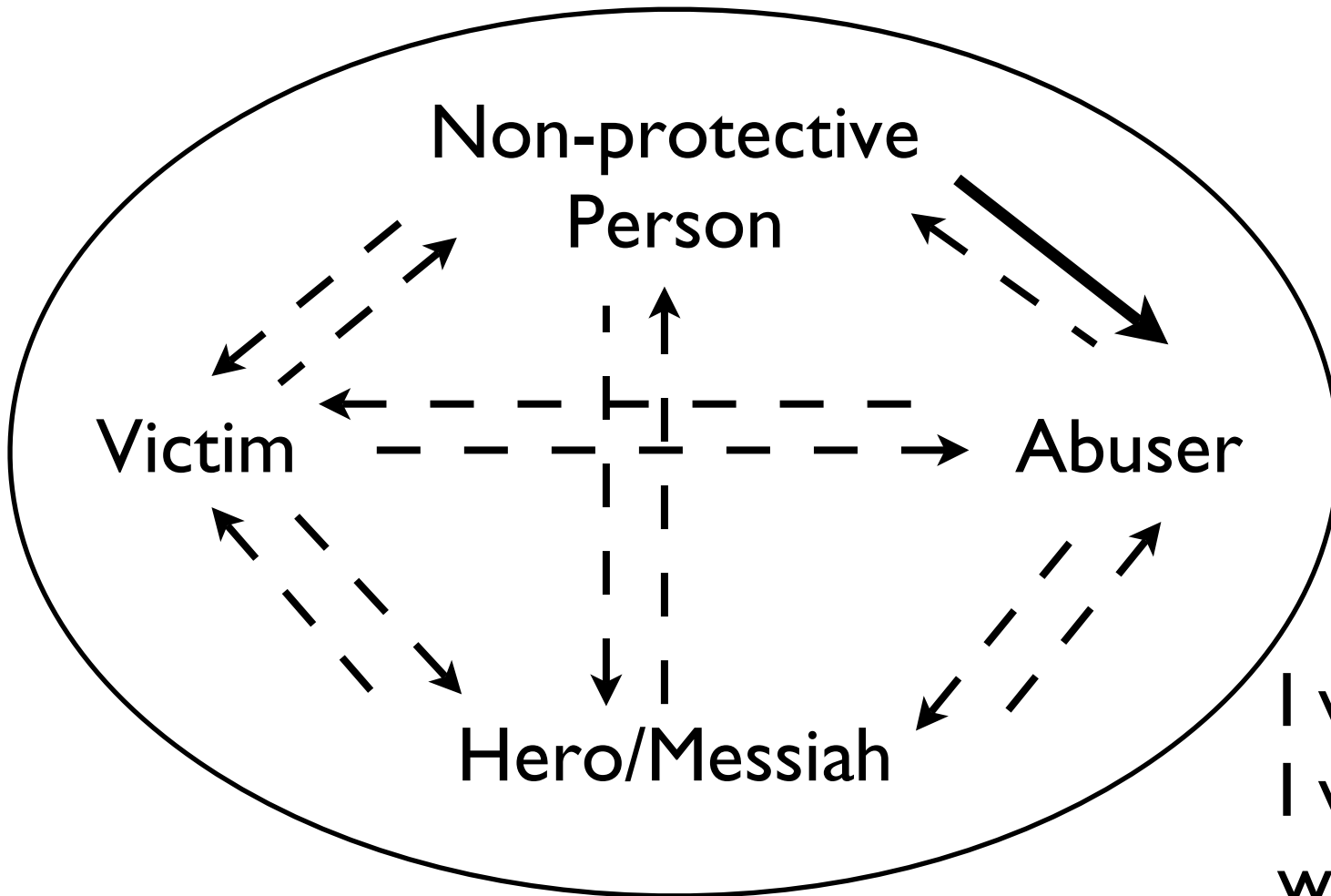
getting a
'second wind'

Available Roles in Abusive Systems



I didn't do anything.
People accuse and
abuse me anyway.

Available Roles in Abusive Systems



I won't be passive,
I will punish those
who deserve it.

You will be invited to
participate in abusive systems.

The Messiah role only seems
attractive.

Switching roles is not progress.

If you carry this system within
you, you may find it
everywhere.